

## Performance Strategy 2022 to 2025

### Performance Courses:

- all courses will be run by appointed Performance Coaches, are open to all Shotokan Connect members and will build karateka confidence to train outside of their dojo with other karateka
- courses aim to develop students' knowledge and hone their skills into performance based karate needed for competitions and dan gradings focussing exclusively on kata and kumite
- coaches will work with the marketing team to ensure club instructors, parents and karateka are provided with timely information to promote and encourage attendance of the performance courses utilising all media channels

### Target:

by the 31/12/2022 members from 50% of Shotokan Connect clubs will have attended a performance course during the previous year

by the 31/12/2025 members from 75% of Shotokan Connect clubs will have attended a performance course during the previous year

### Identifying Talent:

- coaches will 'scout' for talented karateka through the performance courses as well as attending club gradings and Shotokan Connect All Grades Courses
- those identified will be personally invited by the coaches to attend squad selections  
NB: parents will be contacted for any karateka under 18yrs
- strong relations will be formed with individual club instructors as a route to be informed of rising talent

### Target:

by the 31/12/2022 5 Shotokan Connect members new to competition will have attended a performance course during the previous year

by the 31/12/2025 10 Shotokan Connect members new to competition will have attended a performance course during the previous year



### **Squad Classes:**

- shotokan Connect's squad classes will be broken down into to the Elite Squad (for those actively pushed towards competitions) and the Development Squad (for those showing potential to move into the Elite Squad with further guidance)
- coaches will develop squad members for competition in kumite and kata, teach them competition rules and provide ongoing support and guidance outside of squad sessions
- karateka identified with talent and want to compete will be invited to attend squad try-outs in order to be selected as Shotokan Connect Elite and Development Squad members
- selection into both the Elite and Development Squads will not be restricted by age or grade, instead the selection criteria will be based on ability and attitude

### **Target:**

by the 31/12/2025 4 Shotokan Connect Elite Squad classes will have taken place in addition to the Development Squad classes, during the previous year

### **Competition:**

- Performance Coaches will attend all selected competitions with the Elite and Development Squad members who enter and represent them as their official coaches
- build a comprehensive database of suitable competitions, with an emphasis on WKF competitions, that take place throughout the year ensuring that the standards of the venues, competitors, judges and referees meet Shotokan Connect's expectations
- encourage club instructors to support squad members and attend competitions
- ensure that there are a suitable number of chaperones to competitors and that they have taken the approved Shotokan Connect on-line Safeguarding Course
- consider the feasibility of introducing a Shotokan Connect competition

### **Target:**

by the 31/12/2022 Shotokan Connect will have been represented at 6 competitions during the previous year

by the 31/12/2025 Shotokan Connect will have been represented at 8 competitions during the previous year

